



During this strange and troubling time, it's vitally important to pay closer attention to our physical and emotional health, and there's no better way to take care of both than by getting outside and remaining physically active. Fortunately, we live in

a community where it's easy to get outdoors and remain active during the winter.

Our Public Works crews and contractors do a great job of snow clearing, making it easy to go for a walk around our neighbourhoods on all but extreme weather event days. Our Riverfront Trail is heavily used all year round, allowing us to enjoy the seasonal changes along the rivers our community is built around. This year we'll be installing lighting on portions of the trail, making it safer and extending its availability for users in the winter.

As you'll see in this update, a number of activities are being scheduled for residents to explore some of our local trails and some different ways to move about in the snow. These

opportunities also exist at Hallis Lake's cross country ski trails and Troll Ski Resort. Please take advantage of these local trail systems and winter venues while adhering to the COVID-19 protocols that are necessary to protect your health and that of others using these venues.

Snowmobilers also know that Quesnel is great place to explore the backcountry, which also provides a great escape for skiers and snowshoers. Please ensure you are well aware of avalanche safety and risk before heading out to enjoy this massive winter playground that's easily accessible from the City.

The outdoors is also a great place to meet your friends and neighbours and our City parks and trails offer great opportunities for physically distanced get togethers throughout the winter, especially since the weather has been so mild so far. Stay connected, for real, by making outdoor play dates with your family and friends.

As you can see from this update, Quesnel provides residents plenty of opportunities to remain active and healthy during this "COVID winter," I hope you'll take full advantage of them.

- Mayor Bob Simpson

Winter activities

No matter the season, outdoor activities are abundant in Quesnel. Whether you prefer the lakes and rivers or the mountains there is something here for you.

Social distancing in our own backyard is made easy in the expansive wilderness surrounding Quesnel. This newsletter contains a few recommendations to safely savour the winter season and all the phenomenal outdoor recreation it offers.

www.tourismquesnel.com/activity_type/winter

COVID-19 and Winter Activities

Please follow the B.C. response plan outlined by the PHO while planning and participating all winter indoor and outdoor activities.

For updated information please visit:

www.gov.bc.ca/COVIDrestrictions

Get out and stay active!

With endless parks and trails throughout the City and surrounding area, you won't have to go far from home for a daily dose of sunshine and exercise.



Hallis Lake Ski Trails

With a network of over 75 km of trails, Hallis Lake is one of the most popular winter destinations in Quesnel. Strap on a pair of cross country skis or snowshoes and head out with the family; all the gear you need can be rented at the lodge.

Snowshoe and Ski day pass users range from \$5.00 - \$10.00

Complete package rentals range from \$12.00 - \$27.00

For further information please contact: Email: rentalshop@caribooski.ca Phone: 250-255-6644

Website: caribooski.ca

Troll Ski Resort

Troll Ski Resort, often referred to simply as Troll, is a ski area located only 44 km east of Quesnel. Visitors can ski or snowboard for the day or stay overnight. Troll Ski Resort has an impressive vertical at 527 m (1729 ft) hosting great beginner slopes to steep gladed tree runs and a large progressive terrain park.

Lift passes range from \$25.00 - \$55.00 per day.

Rentals are available and range between \$18.00 - \$38.00 per day.

More information: trollresort.com







Pinnacles Provincial Park is a 124 hectare provincial park located just 7 km west of Quesnel. The park protects a collection of prominent hoodoos nestled in a small forested valley overlooking the City of Quesnel.

A short, well maintained 1 km hike will take you to the viewpoints, but be aware, there is a steep drop-off behind a fence.

Parking is available at the start of the trail-head.

More information: tourismquesnel.com/play/pinnacles-provincial-park/



Ten Mile Lake Provincial Park

Located approximately 10 minutes North on highway 97 from downtown Quesnel, Ten Mile Lake is a great place to spend a snowy day. Bring your cross country skis or snowshoes and enjoy the trails, or get out onto the lake and take in some great scenery. Trails stretch 10 km and are accessible all year-round for day-use. The Lake is a fantastic spot for ice fishing, and is home to some great rainbow trout.

If venturing onto open ice, please take notice of weather patterns and take safety precautions as ice thickness can change quickly. More information: tourismquesnel.com/stay/ten-mile-lake-provincial-park/



Wells Snowmobiling Club

The snow is endless in the mountains! Visit the Wells Snowmobile Club website for trail information for Groundhog Lake, Proserpine, Yanks Peak and Sugar Creek Loop.

More information: snowmobilewells.com/cpages/home

Trail passes are available for \$25 per sled or \$20 for BCSF members. Or join the Wells Snowmobile club, which includes a season's pass!

Please be safe and well prepared. For avalanche training please visit Avalanche Canada: **avalanche.ca/training**

Escape the elements

If snow and the cooler temperatures are not for you, perhaps try checking out one of the below indoor winter activities.

Ouesnel Arts and Recreation Centre:

Swim, lift weights, or relax in the hot tub. Enjoy amenities for all ages and skill levels.

Recreation Centre Hours: Sun: 10:00 am - 9:00 pm Gym Hours: Sun: 10:00 am - 9:00 pm Mon - Fri: 5:30 am - 10:00 pm

Mon - Fri: 6:00 am - 10:00 pm Sat : 8:30 am - 9:00 pm

Sat: 8:30 am - 9:00 pm

Learn more: quesnel.ca/arc

West Fraser Centre indoor walking track:

Walk a few loops at the indoor walking track.

Hours:

Mon - Fri: 8:00 am - 2:00 pm

Learn more: quesnel.ca/west-fraser-centre





Riverfront Trail

The Riverfront Trail allows you to take in the scenery as you travel along the Quesnel and Fraser rivers. The trail is paved, and maintained throughout all seasons and accessible at many sites throughout the City. The Downtown Quesnel trail is 5.2 km and West Ouesnel trail is 4.3 km.

More information:

tourismquesnel.com/play/riverfront-trail

Quesnel Curling Centre

Open from October to March, the Quesnel Curling Centre is an excellent way to learn about the sport and improve your skills.

The Centre is run by an amazing team of volunteers, who care for six sheets of great playing ice, a concession with full menu selection and upstairs viewing lounge with a pool table and other games.

Due to COVID-19, the Quesnel Curling Centre is operating in a different capacity. For more information please contact:

Phone: 250-992-5813

Email: qcurlingcentre@gmail.com

Website: quesnelcurlingclub.com

Hangman Springs Trails

Hangman Springs Trail is a network of loop trails used mainly by mountain bikers and horseback riders. The 20 km trail system navigates forests with some single track and dirt jumps. The Trail is best accessed from Nazko Road located west of Quesnel.

The trails highlight some very scenic views along Baker Creek so make sure that you bring your camera.

More information:

tourismquesnel.com/play/hangman-springs-trails/

Ice Skating

West Fraser Centre:

The West Fraser Centre is jointly funded by the City of Quesnel and the Cariboo Regional District. You can rent ice time throughout the year or come and drop-in to skate. Check out the drop-in schedule at quesnel.ca/arts-recreation/schedules

Outdoor rinks:

Quesnel is home to two outdoor skating rinks, one on Lewis Dr in the West Village which is maintained by a group of volunteers and one at the Bouchie Lake Community Hall just west of the City. Both are open for public use 24/7.

Skating on lakes:

There are some great opportunities to skate on many of our lakes in and around the City. If venturing onto open ice, please take notice of weather patterns and take safety precautions as ice thickness can change quickly. Bring your own skates!





Join the City of Quesnel and the Cariboo Regional District (CRD) for a month of free family fun!

These fun activities will give you the opportunity to try a variety of outdoor winter experiences and explore some of what Quesnel has to offer. Everyone is welcome! Pre-registration is required.

To register or for more information please call (250) 992-8200 or go online to quesnel.ca/our-community/events.

Activities may be modified or canceled due to COVID-19 restrictions as directed by BC's Public Health Officer. Please note that if the temperature is below -15 degrees at 8:00 am on any of the festival days, the activity will be canceled. Those registered will be notified by phone if cancellations occur.

PINNACLES PARK HIKE

Enjoy a winter morning with family and friends. This guided hike will take you to the first look-out point of the Pinnacles Provincial Park, where staff will have warm hot chocolate and fresh locally made cookies for a yummy snack. Dress for the weather.

8252 SAT JAN 30 10:00 AM-11:00 AM FREE 8264 SAT JAN 30 11:00 AM-12:00 PM FREE

GUIDED SNOWSHOE WALK

This is a great activity for not only experienced snowshoe enthusiasts but also for those who would like to give the sport a try for the first time. This guided walk will take you through the West Fraser Timber Park lower loop trail and will end with warm hot chocolate and a cookie. Register early as space is limited. Snowshoes are provided or bring your own from home.

8253 SAT FEB 6 10:00 AM-11:00 AM FREE 8263 SAT FEB 6 11:00 AM-12:00 PM FREE

DRIVE-IN FAMILY FIREWORKS

Celebrate Family Day at the West Fraser Timber Park with a Drive-in Fireworks show that is sure to please. Every vehicle attending this event must register and you must remain in your vehicle at all times. Space is limited so register early.

8265 MON FEB 15 6:30 PM-7:15 PM FREE









Have you heard about Wonderland?

Located 10.2 km southeast of Quesnel on Quesnel-Hydraulic Rd, is a recently updated network of multi-use trails that are great for winter activities like hiking and snowshoeing. There is a parking lot and an information kiosk located at the trail-head. Check out the Trailforks app to navigate the trails.

More information: tourismquesnel.com/mountain-biking/

